



FREE COACHING SESSION

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[Are Your 2017 Goals SMART?](#)

Executive Business Coach, Ben Pumphrey shares some helpful tips on setting and achieving goals.

Are your SMART goals in alignment with your core values?

[Effective Goal Setting](#)



[People Buy Your Why](#)


Before setting goals, doing a little questioning about yourself and your business. Ask your self "Why". Your "Why" is the essence of who you are, what you represent, and what value you offer to others.

Coach Anne Shea shares how finding your "Why" is essential for developing relationships and business success.

[What is your Why?](#)



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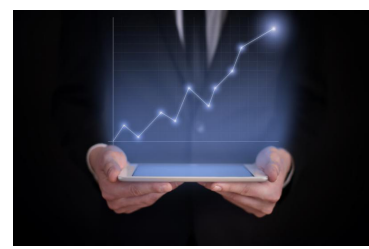
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